

# Physical Education

## Netball

Assessment Opportunities	Literacy/Reading opportunities	CEIAG Links
Self and Peer assessment tasks during lessons. End of topic summative assessment reflection from student and assessment from teacher.	Regular use of Tier 2 and 3 vocabulary. Key words on board every lesson. Homework tasks of rules and regulations made by governing body.	Opportunities to lead others. Different role opportunities in the lesson such as official, coach, player.

### Curriculum vision:

“Our aim is to deliver a curriculum that is inclusive, relevant and progressive for all learners.”

## Year 7 Netball Scheme of Work

**Prior Learning:** The majority of pupils will have little or no experience of Netball.

**Expectations:** Pupils are expected to play an active role in all lessons regardless of injury or illness. Pupils are expected to make regular contributions as performers and leaders. Pupils are expected to take pride in their learning and show desire to improve and develop.

### 3 Pillars of Progress

<u>Motor Competence</u>	<u>Rules, Tactics and Strategies</u>	<u>Healthy Participation</u>
<p><b>Functional Motor Skills</b> SAQ Ladders SAQ Hurdles Footwork drills</p> <p><b>Where necessary focus on:</b> manipulation skills, such as throwing catching</p> <p><b>Warm Up/Skill Games</b> Ticking time bomb Treasure steal Rats and Rabbits</p> <ul style="list-style-type: none"> <li>• <b>Passing and Receiving</b></li> <li>• <b>Footwork</b></li> <li>• <b>Defensive stance</b></li> </ul>	<p><b>Passing</b></p> <ul style="list-style-type: none"> <li>• Chest pass</li> <li>• Overhead pass</li> <li>• Bounce pass</li> </ul> <p><b>Receiving</b></p> <ul style="list-style-type: none"> <li>• Receiving while static</li> </ul> <p><b>Footwork</b></p> <ul style="list-style-type: none"> <li>• Pivoting</li> </ul> <p><b>Dodging</b></p> <ul style="list-style-type: none"> <li>• Sprint dodge</li> </ul> <p><b>Shooting</b></p> <ul style="list-style-type: none"> <li>• Shooting in isolation</li> </ul> <p><b>Rules of the Game</b></p> <ul style="list-style-type: none"> <li>• Footwork rule</li> <li>• Positioning</li> <li>• Offside</li> <li>• Centre pass</li> <li>• No contact</li> </ul>	<p>Please see Healthy Participation SOL</p>

## Year 7 Netball Scheme of Work

### Risk Assessment

Check equipment  
 Check area and surface  
 Appropriate footwear  
 Appropriate kit  
 No chewing gum  
 Long hair tied back  
 No jewellery  
 Sufficient warm up  
 Teach pupils how to move nets safely.

### Resources

Netballs  
 Bibs  
 Cones/spots  
 Whistles  
 Information on local club

### Language for Learning/Key Words/Vocabulary

*In addition to the key words and terms documented within the 3 Pillars of Progress.*  
 Accuracy, power, consistency, control, sportsmanship, fair play, teaching point, describe, explain, state, recall, identify, constructive feedback, demonstrate, respect, sportsmanship, fair play, stance, rules, umpire, attack, defence, court positions, marking, opportunities, interception.

### Assessment Methods

#### Formative Assessment

I can statements, class discussion, quizzes, Q&A, recall activities, observation, peer-assessment, self-assessment, retrieval practice

#### Summative Assessment

Data collect, school report, summative assessment topic specific

### Adaptive teaching- SEN/G&T

By task and outcome, consider how pupils are grouped, mixed ability, HAP, LAP, planning in relation to ongoing formative assessment, SEND provision, G&T provision, time to practice, revisit where necessary, different/modified equipment, LSA support where applicable

### Extension and Enrichment

Take part in afterschool Netball club  
 Opportunities for intra and inter school competition  
 Play regularly outside of school  
 Watch Netball coaching sessions on YouTube  
 Watch Netball matches on YouTube

### Cross Curricular Links

Literacy (key words), Maths (scoring), Citizenship (sportsmanship), Science (bodily functions and healthy lifestyle consequences)

### ICT

iPads, YouTube, Video Analysis

## Year 8 Netball Scheme of Work

**Prior Learning:** Pupils will have prior knowledge and skills from Year 7

**Expectations:** Pupils are expected to play an active role in all lessons regardless of injury or illness. Pupils are expected to make regular contributions as performers and leaders. Pupils are expected to take pride in their learning and show desire to improve and develop.

### 3 Pillars of Progress

<u>Motor Competence</u>	<u>Rules, Tactics and Strategies</u>	<u>Healthy Participation</u>
<p><b>Functional Motor Skills</b> SAQ Ladders SAQ Hurdles Footwork drills</p> <p><b>Where necessary focus on:</b> manipulation skills, such as throwing catching</p> <p><b>Warm Up/Skill Games</b> Ticking time bomb Treasure steal Rats and Rabbits</p> <ul style="list-style-type: none"> <li>• <b>Passing and Receiving</b></li> <li>• <b>Footwork</b></li> <li>• <b>Defensive stance</b></li> </ul>	<ul style="list-style-type: none"> <li>• When to use each type of pass</li> <li>• Basic attacking principles</li> <li>• Basic defending principles</li> <li>• Teaching points to skills in netball</li> <li>• Team strategies working together</li> <li>• When and where to move in a game.</li> <li>• Tactics to outwit your opponent</li> <li>• Positioning around the D when attacking or defending.</li> <li>• Centre pass marking</li> </ul> <p><b>Rules of the Game</b></p> <ul style="list-style-type: none"> <li>• Footwork rule</li> <li>• Positioning</li> <li>• Offside</li> <li>• Centre pass footwork</li> <li>• No contact</li> <li>• Shooting rim</li> <li>• Free pass</li> </ul>	<p>Please see Healthy Participation SOL</p>
<p><b>Passing</b></p> <ul style="list-style-type: none"> <li>• Chest pass</li> <li>• Overhead pass</li> <li>• Bounce pass</li> <li>• Shoulder pass</li> </ul> <p><b>Receiving</b></p> <ul style="list-style-type: none"> <li>• Receiving while static</li> <li>• Receiving while in mid air</li> </ul> <p><b>Footwork</b></p> <ul style="list-style-type: none"> <li>• Pivoting</li> <li>• Stop landing</li> </ul> <p><b>Dodging</b></p> <ul style="list-style-type: none"> <li>• Sprint dodge</li> <li>• Faint dodge</li> </ul> <p><b>Shooting</b></p> <ul style="list-style-type: none"> <li>• Shooting in isolation</li> <li>• Positioning while shooting</li> </ul>		

## Year 8 Netball Scheme of Work

<p><b>Risk Assessment</b></p> <p>Check equipment          Check area and surface          Appropriate footwear          Appropriate kit          No chewing gum          Long hair tied back          No jewellery          Sufficient warm up          Teach pupils how to move nets safely.</p>	<p><b>Resources</b></p> <p>Netballs          Bibs          Cones/spots          Whistles          Information on local club</p>
<p><b>Language for Learning/Key Words/Vocabulary</b></p> <p><i>In addition to the key words and terms documented within the 3 Pillars of Progress.</i></p> <p>Accuracy, power, consistency, control, sportsmanship, fair play, teaching point, describe, explain, state, recall, identify, constructive feedback, demonstrate, respect, sportsmanship, fair play, stance, rules, umpire, attack, defence, court positions, marking, opportunities, interception.</p>	<p><b>Assessment Methods</b></p> <p><b>Formative Assessment</b>          I can statements, class discussion, quizzes, Q&amp;A, recall activities, observation, peer-assessment, self-assessment, retrieval practice</p> <p><b>Summative Assessment</b>          Data collect, school report, summative assessment topic specific</p>
<p><b>Adaptive teaching- SEN/G&amp;T</b></p> <p>By task and outcome, consider how pupils are grouped, mixed ability, HAP, LAP, planning in relation to ongoing formative assessment, SEND provision, G&amp;T provision, time to practice, revisit where necessary, different/modified equipment, LSA support where applicable</p>	<p><b>Extension and Enrichment</b></p> <p>Take part in afterschool Netball club          Opportunities for intra and inter school competition          Play regularly outside of school          Watch Netball coaching sessions on YouTube          Watch Netball matches on YouTube</p>
<p><b>Cross Curricular Links</b></p> <p>Literacy (key words), Maths (scoring), Citizenship (sportsmanship), Science (bodily functions and healthy lifestyle consequences)</p>	<p><b>ICT</b></p> <p>iPads, YouTube, Video Analysis</p>

## Year 9 Netball Scheme of Work

**Prior Learning:** Pupils will have prior knowledge and skills from Year 7 and 8

**Expectations:** Pupils are expected to play an active role in all lessons regardless of injury or illness. Pupils are expected to make regular contributions as performers and leaders. Pupils are expected to take pride in their learning and show desire to improve and develop.

### 3 Pillars of Progress

<u>Motor Competence</u>		<u>Rules, Tactics and Strategies</u>	<u>Healthy Participation</u>
<p><b>Functional Motor Skills</b> SAQ Ladders SAQ Hurdles Footwork drills</p> <p><b>Where necessary focus on:</b> manipulation skills, such as throwing catching</p> <p><b>Warm Up/Skill Games</b> Ticking time bomb Treasure steal Rats and Rabbits</p> <ul style="list-style-type: none"> <li>● <b>Passing and Receiving</b></li> <li>● <b>Footwork</b></li> <li>● <b>Defensive stance</b></li> </ul>	<p><b>Passing</b></p> <ul style="list-style-type: none"> <li>● Chest pass</li> <li>● Overhead pass</li> <li>● Bounce pass</li> <li>● Shoulder pass</li> </ul> <p><b>Receiving</b></p> <ul style="list-style-type: none"> <li>● Receiving while static</li> <li>● Receiving while in mid air</li> <li>● Receiving while getting double marked</li> </ul> <p><b>Footwork</b></p> <ul style="list-style-type: none"> <li>● Pivoting</li> <li>● Stop landing</li> </ul> <p><b>Dodging</b></p> <ul style="list-style-type: none"> <li>● Sprint dodge</li> <li>● Faint dodge</li> <li>● Single dodge</li> </ul> <p><b>Shooting</b></p> <ul style="list-style-type: none"> <li>● Shooting in isolation</li> <li>● Positioning while shooting</li> <li>● Rebounds</li> </ul>	<ul style="list-style-type: none"> <li>● When to use each type of pass</li> <li>● Basic attacking principles</li> <li>● Basic defending principles</li> <li>● Teaching points to skills in netball</li> <li>● Team strategies working together</li> <li>● When and where to move in a game.</li> <li>● Tactics to outwit your opponent</li> <li>● Positioning around the D when attacking or defending.</li> <li>● Centre pass marking</li> <li>● Rebounds</li> <li>● Awareness of other team players</li> <li>● Set piece plays</li> </ul> <p><b>Rules of the Game</b></p> <ul style="list-style-type: none"> <li>● Footwork rule</li> <li>● Positioning</li> <li>● Offside</li> <li>● Centre pass footwork</li> <li>● No contact</li> <li>● Shooting rim</li> <li>● Free pass</li> <li>● Over a third</li> <li>● Obstruction of a player</li> <li>● Substitutions</li> <li>● Awareness of umpire signals.</li> </ul>	<p>Please see Healthy Participation SOL</p>

## Year 9 Netball Scheme of Work

<p><b>Risk Assessment</b></p> <p>Check equipment          Check area and surface          Appropriate footwear          Appropriate kit          No chewing gum          Long hair tied back          No jewellery          Sufficient warm up          Teach pupils how to move nets safely.</p>	<p><b>Resources</b></p> <p>Netballs          Bibs          Cones/spots          Whistles          Information on local club</p>
<p><b>Language for Learning/Key Words/Vocabulary</b></p> <p><i>In addition to the key words and terms documented within the 3 Pillars of Progress.</i></p> <p>Accuracy, power, consistency, control, sportsmanship, fair play, teaching point, describe, explain, state, recall, identify, constructive feedback, demonstrate, respect, sportsmanship, fair play, stance, rules, umpire, attack, defence, court positions, marking, opportunities, interception.</p>	<p><b>Assessment Methods</b></p> <p><b>Formative Assessment</b>          I can statements, class discussion, quizzes, Q&amp;A, recall activities, observation, peer-assessment, self-assessment, retrieval practice</p> <p><b>Summative Assessment</b>          Data collect, school report, summative assessment topic specific</p>
<p><b>Adaptive teaching- SEN/G&amp;T</b></p> <p>By task and outcome, consider how pupils are grouped, mixed ability, HAP, LAP, planning in relation to ongoing formative assessment, SEND provision, G&amp;T provision, time to practice, revisit where necessary, different/modified equipment, LSA support where applicable</p>	<p><b>Extension and Enrichment</b></p> <p>Take part in afterschool Netball club          Opportunities for intra and inter school competition          Play regularly outside of school          Watch Netball coaching sessions on YouTube          Watch Netball matches on YouTube</p>
<p><b>Cross Curricular Links</b></p> <p>Literacy (key words), Maths (scoring), Citizenship (sportsmanship), Science (bodily functions and healthy lifestyle consequences)</p>	<p><b>ICT</b></p> <p>iPads, YouTube, Video Analysis</p>

## Year 10/11 Netball Scheme of Work

**Prior Learning:** Pupils will have prior knowledge and skills from KS3

**Expectations:** Pupils are expected to play an active role in all lessons regardless of injury or illness. Pupils are expected to make regular contributions as performers and leaders. Pupils are expected to take pride in their learning and show desire to improve and develop.

### 3 Pillars of Progress

<u>Motor Competence</u>	<u>Rules, Tactics and Strategies</u>	<u>Healthy Participation</u>
<p><b>Functional Motor Skills</b> SAQ Ladders SAQ Hurdles Footwork drills</p> <p><b>Where necessary focus on:</b> manipulation skills, such as throwing catching</p> <p><b>Warm Up/Skill Games</b> Ticking time bomb Treasure steal Rats and Rabbits</p> <ul style="list-style-type: none"> <li>● <b>Passing and Receiving</b></li> <li>● <b>Footwork</b></li> <li>● <b>Defensive stance</b></li> </ul>	<ul style="list-style-type: none"> <li>● When to use each type of pass</li> <li>● Basic attacking principles</li> <li>● Basic defending principles</li> <li>● Teaching points to skills in netball</li> <li>● Team strategies working together</li> <li>● When and where to move in a game.</li> <li>● Tactics to outwit your opponent</li> <li>● Positioning around the D when attacking or defending.</li> <li>● Centre pass marking</li> <li>● Rebounds</li> <li>● Awareness of other team players</li> <li>● Set piece plays</li> <li>● Speed play</li> </ul> <p><b>Rules of the Game</b></p> <ul style="list-style-type: none"> <li>● Footwork rule</li> <li>● Positioning</li> <li>● Offside</li> <li>● Centre pass footwork</li> <li>● No contact</li> <li>● Shooting rim</li> <li>● Free pass</li> <li>● Over a third</li> <li>● Obstruction of a player</li> <li>● Substitutions</li> <li>● Awareness of umpire signals.</li> </ul>	<p>Please see Healthy Participation SOL</p>



## Year 10/11 Netball Scheme of Work

<p><b>Risk Assessment</b>          Check equipment          Check area and surface          Appropriate footwear          Appropriate kit          No chewing gum          Long hair tied back          No jewellery          Sufficient warm up          Teach pupils how to move nets safely.</p>	<p><b>Resources</b>          Netballs          Bibs          Cones/spots          Whistles          Information on local club</p>
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