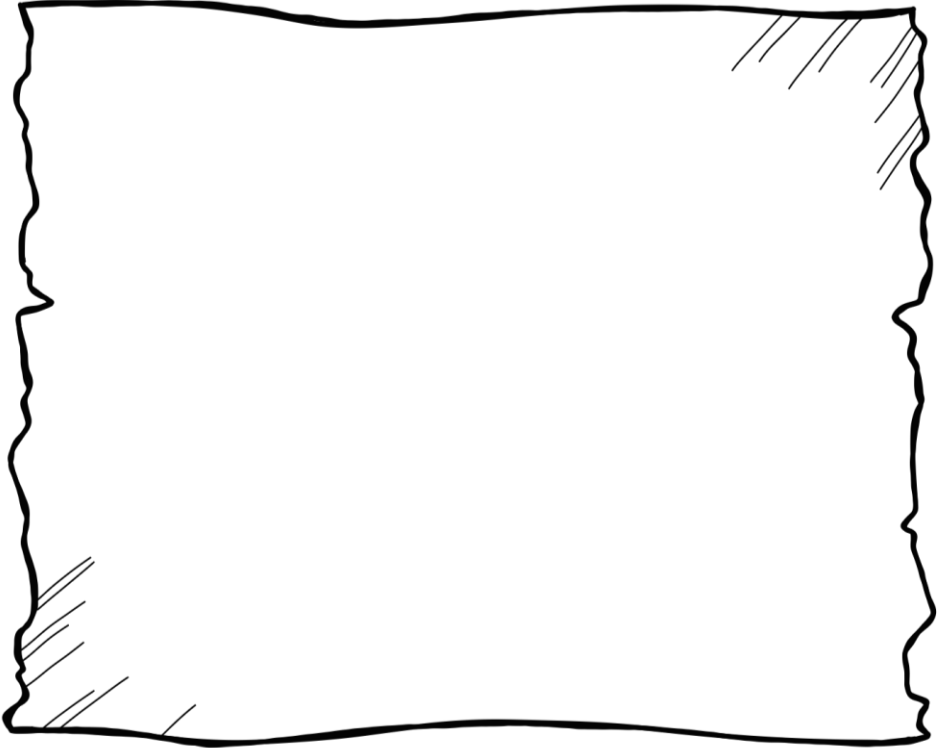
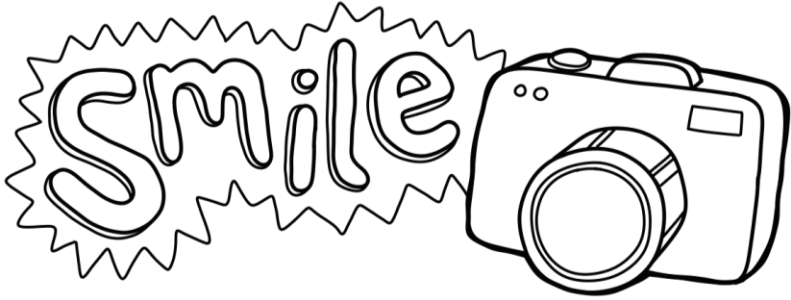


theme:
CHARACTER

JOY

Draw something that has made you smile or laugh this week.



Joy is an important characteristic. It's not the same as happiness – happiness is an emotion that depends on your circumstances, and it's okay to feel sad when sad things happen. Joy is like an inner peace – even when things are tough, you still have things to hope for and be thankful for.

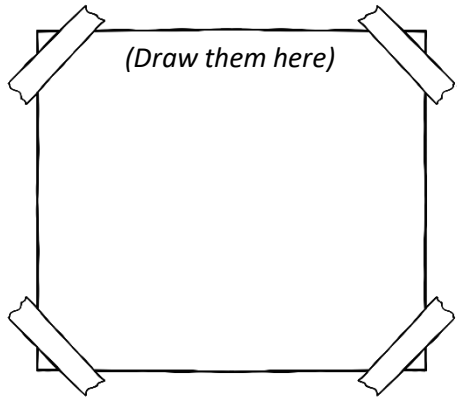
Who is the most joyful person you know?

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What do you think makes them so joyful?

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BIBLE BIT

"I pray that the God who gives hope will fill you with much joy and peace while you trust in Him."

ROMANS 15:13

Christians believe it is God who gives us joy, through the Holy Spirit. This Bible verse is written by a man called Paul, who had amazing joy, despite being tortured and imprisoned for his faith.

How do you think 'being filled with joy' affects someone's life?

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PRAYER IDEAS:

Thank God for the joy and hope He gives us.

Pray for your friends who struggle to feel joy and hope.