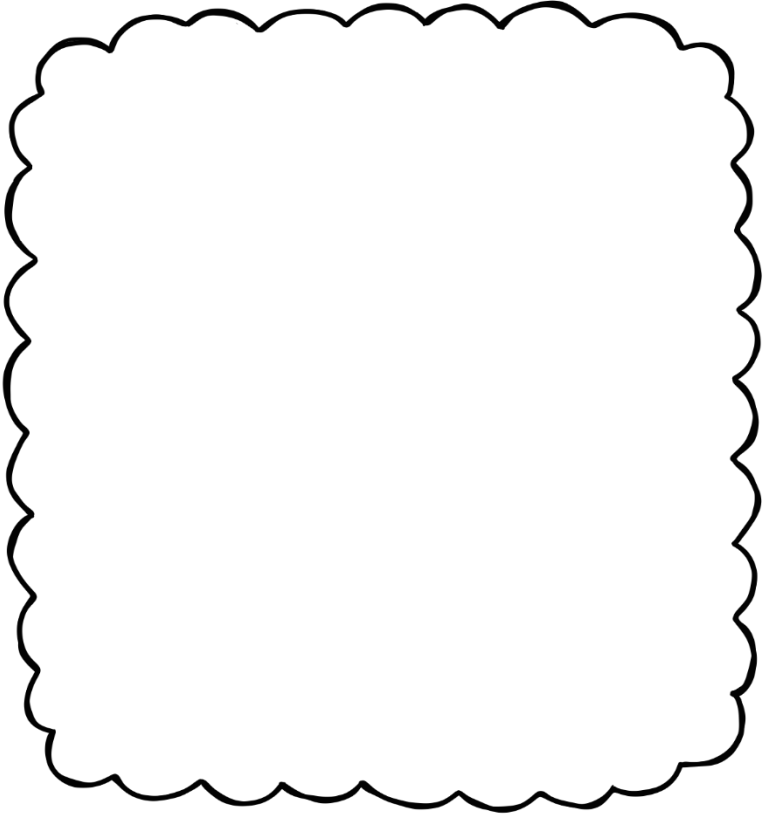


INTEGRITY

Pick two or three animals from the list below and then combine them to draw a mythical creature.

- GIRAFFE
- PARROT
- COW
- DINOSAUR
- SNAKE
- ANT
- ELEPHANT
- HUMAN
- CAT
- CHICKEN
- FISH
- SHEEP
- BUTTERFLY

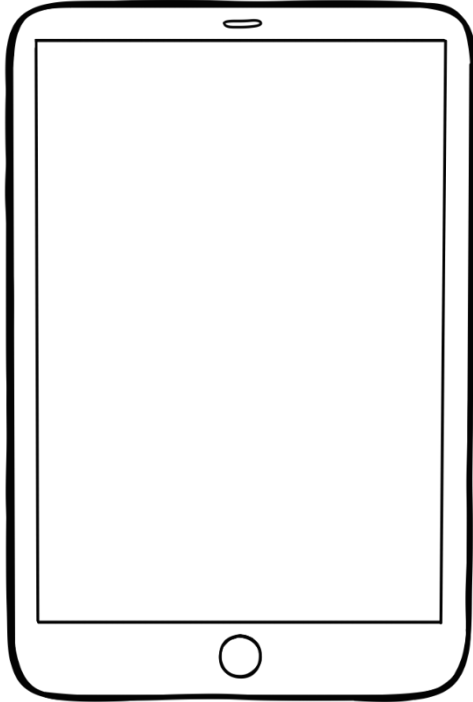


Integrity is a really important characteristic to have. It's about being real and honest – integrity means making your actions match your words, and not presenting an unreal or 'mythical' version of yourself.

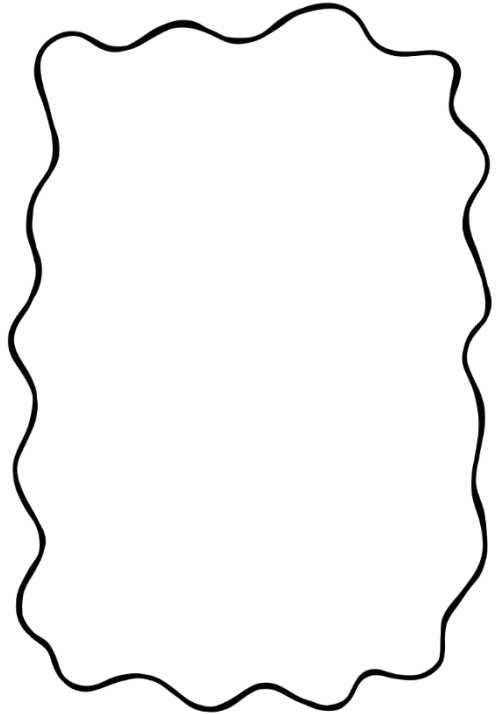
Give an example of when you've shown integrity.
(E.g. you stuck to your word, you showed the 'real you', etc.)

One of the places people struggle to show integrity is on social media. People show a filtered, edited, 'perfect' (unreal) version of themselves.

WRITE OR DRAW HOW PEOPLE
PORTRAY THEMSELVES ONLINE



WRITE OR DRAW WHAT
REAL LIFE LOOKS LIKE



BIBLE BIT

"These people worship me with their mouths and honour me with their lips, but their hearts are far from me"

ISAIAH 29:13

Jesus warns against people who put on a front to make themselves look better. Our actions should match up with our words otherwise we are not showing integrity.



PRAYER IDEAS

Ask God to help you have integrity, especially on social media.